

# 45th Annual Seminole Nation Days



## 5K Run/1 Mile Walk September 21<sup>st</sup>, 2013 Mekusukey Mission Grounds 2 miles south and 2 miles west of Seminole, Oklahoma

Walkers @ 7:30AM \ Runners @ 8:00 AM  
\$20.00 runner's entry fee through September 20<sup>th</sup>  
\$15.00 walker's entry fee through September 20<sup>th</sup>  
\$25.00 entry fee on Race Day -runner's  
\$20.00 entry fee on Race Day -walker's  
Limited number of commemorative t-shirts available  
All ages welcome  
Award To 5K top three finishers in each age group  
Award to overall Male & Female walker & runner  
USATF Certified and Sanctioned  
Coordinated by: DG Road racing  
Registration free to children under seven  
Elders over 65 {Shirt charge \$10.00}

**For More Information Contact**  
Mary Ann Loggins @ 405/257-7242  
Linda Hulbutta @ 405/257-7243  
Sharon Burgess@ 405/257-7244  
Scott Robinson @ 405/257-7314

Register by Mail:  
**Seminole Nation of Oklahoma**  
**ATTN: Mary Ann Loggins**  
**P.O. Box 1498**  
**Wewoka, OK 74884**

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### OFFICIAL ENTRY FORM

45<sup>th</sup> Annual Seminole Nation Days Celebration – September 21st, 2013

3.2 Miles \_\_\_\_\_ Runner \_\_\_\_\_ Walker

Name \_\_\_\_\_ Age on race day \_\_\_\_\_ DOB: \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day phone \_\_\_\_\_ Night phone \_\_\_\_\_ Shirt size S M L XL 2-3XL

Amount of entry fee enclosed \_\_\_\_\_ CASH OR MONEY ORDER, NO PERSONAL CHECKS

I know that running a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I also know that although police protection will be provided, there will be a possibility of injuries on the course. I assume any and all risks associated with participating in this event, including, but not limited to temperature, conditions or athlete's equipment, vehicular traffic, contact with other participants, action of volunteers, spectators, and procedures of the event and lack of hydration, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my fees, I hereby for myself or anyone else who might claim on my behalf consent not to sue, and waive and release every kind of nature whatsoever, foreseen or unforeseen, known and unknown. The undersigned further grants full permission to the Seminole Nation of Oklahoma to use photographs, videotapes, recordings or other records of this event for any purpose. APPLICATIONS FOR MINORS WILL BE ACCEPTED ONLY WITH PARENT'S SIGNATURE.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_